

G Y R O C L U B o f C A L G A R Y



Gyrodeo



F R I E N D S H I P S S I N C E 1 9 2 1

JUNE 2019 BULLETIN



MARK YOUR CALENDAR FOR THESE UPCOMING EVENTS

June 2019	
Wednesday, June 5	Carriage House Inn - This will be the last luncheon and it will be a business meeting.

July 2019	
Sunday, July 28	Annual BBQ hosted by the Fenton Team. This is a mixed function and guests are always welcome. See page 2 for details.

August 2019	
Wednesday, Aug 7	Gyro mixed golf tournament will be hosted by Gary Stephen. Watch for your evite for details and the location.
Wednesday, Aug 22	Annual Gyro Corn Boil (aka the Cob n' Dog) hosted by the Baker Team. This is a mixed function and guests are always welcome. See page 3 for details.

Calgary Gyro Club - Summer Barbeque

Planning is well underway for the "premiere BBQ event" of the summer. It will be at Meadowland Stables (Kathy and Paul Skinner's place - directions below) on **Sunday, July 28th**. Please, mark it in your calendar now. Event will be suitable for western themed attire or whatever feels comfortable and there are contingency plans if weather does not cooperate. Watch for the Evite a few weeks prior to the event, and please respond quickly. There will be the usual bocce ball contest, great food and Gyro fellowship. An added feature this year will be an opportunity to watch "a demonstration of the true connection between human and horse" as displayed by Tracey Skinner and Casper, the friendly horse. The organizers are hoping to see you there!

Location: Meadowland Stables at 96163 Highway 22X, about 4 kms west of Spruce Meadows, beside the Red Deer Lake United Church.

Larry Fenton

BIRTHDAYS

JUNE

16th John Hodgson
21st Denis couturier
26th Ron Carter
29th Ron Robinson

JULY

4th Rick Simons
13th Paul Skinner
17th John L'Ecuyer
19th Lyle Nisi
24th Al Bell
31st Julian Yaniv

AUGUST

9th Tom Bourne
26th Ken Prather



Have a great day gentlemen !!!!!



Annual Gyro Corn Boil and Lawn Bowling aka The Cob'n Dog

*The Menu will be pretty much as in prior years
EXCEPT, the "Dogs" will be replaced with Pulled
Pork.*



When: *August 22 from 1pm to 5pm*

Where: *Stanley Park Lawn Bowling Club
350 42 Avenue SW, Calgary*

Price: *\$30.00 per person*

*As part of the experience, members of the Stanley
Park Bowling Club will be available to "school"
those of us who have never participated in lawn
bowling before. It will be a new experience for many
of us and should be fun!*



Ken Baker

INTERNATIONAL and DISTRICT IX CONVENTION



**June 2 to June 6, 2019
Reno, Nevada**

CHANGES TO THE CLUB ROSTER

There are no changes to report this month.

CLUB NEWS

LUNCHEON – May 1

There were thirty one Gyros and Gyrettes, plus our guest speaker, in attendance at the luncheon held at the Carriage House Inn. The meeting was chaired by President Gary Cobb. Zig Doborzynski gave the grace.

Ron Carter introduced our guest speaker, Adam Melnyk, an Outreach Manager with Alpha House. Ron stated that our club has had a relationship with Alpha House for many years because many times left over food from our functions was donated to Alpha House.

Adam stated that he has been with Alpha House for thirteen years, starting as a volunteer and working his way up to his current position as the Outreach Manager.

The Calgary Alpha House Society was established in 1981 for the purpose of providing a committed response to men and women who were addicted to alcohol or drugs and were living invulnerability on the streets of Calgary. Adam estimated that there are approximately 3,000 street people currently living in Calgary.

Adam stated that Alpha House provides a safe and caring place for people whose lives are affected by alcohol or drug dependencies. More than 6,000 men and women access support via programs in shelter, detox, outreach and housing each year. Alpha House seeks to provide hope, service and well-being. They presently run five programs, Shelter, Outreach (DOAP), Detox, Housing and Encampment.

OUTREACH

Alpha House provides outreach through its Downtown Outreach Addictions Partnership (DOAP) team. The DOAP Team is a mobile diversion response to street level addiction and public intoxication. DOAP links clients with a broad range of community services across the city. Another outreach team is the Encampment Team. The Encampment Team engages rough sleepers and other clients experiencing homelessness and sleeping outside. The Encampment Team can assess clients with addictions and mental health

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issues and intervene to address social isolation and marginalization. The Encampment Team and Housing Locators work together to reach rough sleepers and find homes for them in the community. The DOAP team can be contacted by calling 403-998-7388.

SHELTER

The 125-person shelter provides a safe and caring environment for men and women with alcohol and other drug dependencies and is available at any time of the day or the night. Clients may be self-referred or referred by addiction services, police, emergency services, hospitals or other agencies. The care, rapport building and support of clients are paramount as addiction withdrawal and mental health issues are stabilized.

DETOX (DOAP/Encampment)

The 42-bed detox centre provides a place to safely withdraw from alcohol and other drugs and provides transition to treatment. Twelve of these beds are for transitional clients who need a safe place to stay until they find a permanent home and/or are waiting for addiction treatment.

HOUSING

Alpha House has found homes for over 300 clients since the housing program's inception. It operates and provides case management support through market housing and three housing projects funded through the Calgary Homeless Foundation. As a proud partner in the Resolve Campaign, a Women's Project is slated for opening in 2018. The Housing Program is fully accredited and is grounded in the Housing First Model.

An additional program which was originated in January 2019 is the Needle Response Team. Approximately 4,000 used needles have been collected from Calgary's streets in four months. This team is aligned with the 311 telephone number as well as with the 911 emergency number.

Alpha House is committed to the well-being of its staff through ongoing training and the promotion of self-care. We provide our staff with cultural and diverse sensitivity training, crisis and trauma informed care training, CPR, and other specific training to enhance the compassion and empathy which our staff brings to our clients daily.

Following his talk Adam took several questions from the floor.

Ken Prather thanked Adam for his most interesting and informative talk. He then presented Adam with a small gift as a token of our appreciation.

Gary Cobb reminded everyone of upcoming events and adjourned the meeting.

LUNCHEON – May 15

There were twenty-three Gyros, Gyrettes and a guest at the luncheon held at the Carriage House Inn. The meeting was chaired by President Gary Cobb. He asked those in attendance if they would be in favor of an increase in the yearly dues. Gary advised that this matter will be discussed at the upcoming conventions. By a show of hands it was apparent that those Gyro in attendance were not in favor of an increase in yearly dues.

Grace was given by Zig Doborzynski.

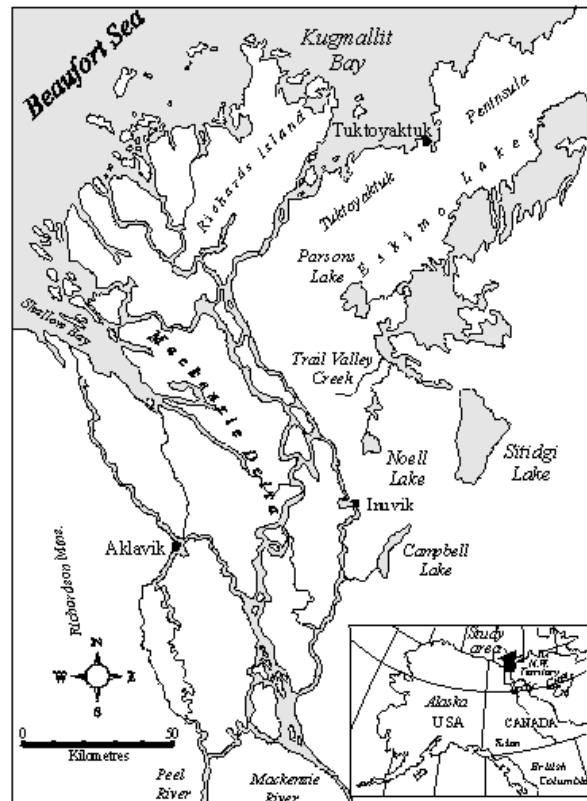
Following lunch, Ron Carter introduced our speakers. Ron spoke about Gyro clubs and the importance of fellowship. He followed this up with a couple of jokes which cannot be printed you had to be there !!!

Our first speaker was Doug Church. Doug was born in 1932 and was raised on a farm in the Balzac area. Back in those days there were no school buses so Doug rode a horse to school. He graduated from Crescent Heights High School and went on to the University of Alberta in Edmonton where he obtained a degree in Petroleum Engineering. Doug worked in the oil business for fifty years and he moved around with different companies until he finally landed back in Calgary. He has been a member of Gyros for over fifty years and has made many life-long friends as the result of Gyros.

Gerald Pulak was the next speaker. Gerry was born in Thunder Bay, and upon graduation from high school, he attended university working towards his law degree. He joined a fraternity where he enjoyed the fellowship, the parties, and the girls. In his career in the field of law he worked on the ring road project a total of three times, all with negative results. Gerry also worked with the Tsuu T'ina Nation of the Redwood Meadows project which was successful and the first of its kind in Canada. He also worked with the Hell's Angels (Gerry did not elaborate on that topic). He belongs to two car clubs as well as two motorcycle clubs.

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Zig Doborzynski was our third speaker and chose to talk about his experience in the far north. Zig obtained his degree in Geophysics. In July of 1989, he was hired by Esso to travel to the Mackenzie Delta area for a project.



Esso was searching for natural gas and this meant that the project involved a seismic survey of approximately 600 kilometers. Seismic and other heavy duty equipment were required as well as 100 tons of explosives and 1,000,000 liters of fuel. As there were no roads, all of the equipment and supplies had to be carried on a barge from Hay River to Inuvik.

The best time to complete the seismic survey was during the winter months when everything is frozen. The areas are easier to access, but the best advantage was that there were no flies or bugs of any kind !!!!

Workers were housed in trailers which were mounted on sleds so that they could be moved around.

This project took four months to complete.

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Our fourth and last speaker was introduced as a TV personality. Ken Prather appeared in an interview on a TV advertisement regarding a senior's home. Ken always brings a little humor into everything he does, so without a doubt, the interview would have been very amusing.

Ken spoke about the health problems that he and Arlette have been going through and the fact that their Gyro friendships have been most valuable during the rough times.

Ken mentioned that he attended one of the Gyro golf games which was followed by the most horrible pizza he had ever tasted !!

Through their health problems Ken reported that he now knows how to cook, vacuum, and wash clothes (but no mention of how well he does any of these things !!!)

Gary Cobb reminded everyone about the upcoming events, The final luncheon will be a business meeting on June 5th. The BBQ on July 28, and the golf on August 7 and the Corn Boil on August 22nd. Gary then adjourned the meeting.

A LITTLE BIT OF HUMOR.....

Dear Diary.

For my seventy-fifth birthday this year, my wife (the dear) purchased a week of personal training at the local health club for me. Although I am still in great shape since playing on my college tennis team 55 years ago, I decided it would be a good idea to go ahead and give it a try.

I called the club and made my reservations with a personal trainer named Belinda, who identified herself as a 26-year-old aerobics instructor and model for athletic clothing and swim wear. My wife seemed pleased with my enthusiasm to get started! The club encouraged me to keep a diary to chart my progress

MONDAY

Started my day at 6 a.m. Tough to get out of bed, but found it was well worth it. I arrived at the health club to find Belinda waiting for me. She is something of a Greek goddess with blond hair, dancing eyes and a dazzling white smile. Woo Hoo!! Belinda gave me a tour and showed me the machines. She took my pulse after five minutes on the treadmill. She was alarmed that my pulse was so fast, but I attribute it to standing next to her in her Lycra aerobic outfit. I enjoyed watching the skillful way in which she conducted her aerobics class after my workout today. Very inspiring! Belinda was encouraging as I did my sit-ups, all though my gut was already aching from holding it in the whole time she was around. This is going to be a FANTASTIC week-!!

TUESDAY

I drank a whole pot of coffee, but I finally made it out the door. Belinda made me lie on my back and push a heavy iron bar into the air. Then she put weights on it! My legs were a little wobbly on the treadmill, but I made the full mile. Belinda's rewarding smile made it all worthwhile. I feel GREAT-!! It's a whole new life for me.

WEDNESDAY

The only way I can brush my teeth is by laying the toothbrush on the counter and moving my mouth back and forth over it. I believe I have a hernia in both pectorals. Driving was OK as long as I didn't try to steer or stop. I parked on top of a GEO in the club parking lot. Belinda was impatient with me, insisting that my screams bothered other club members. Her voice is a little too perky for early in the morning and when she scolds, she gets this nasally whine that is VERY annoying. My chest hurt when I got on the treadmill, so Belinda put me on the stair monster. Why the hell would anyone invent a machine to simulate an activity rendered obsolete by elevators? Belinda told me it would help me get in shape and enjoy life. She said some other crap too.

THURSDAY

Belinda was waiting for me with her vampire-like teeth exposed as her thin, cruel lips were pulled back in a full snarl. I couldn't help being a half an hour late because it took me that long to tie my shoes. Belinda took me to work out with dumbbells. When she was not looking, I ran and hid in the men's room. She sent Lars to find me. Then, as punishment, she put me on the rowing machine -- which I sank.

FRIDAY

I hate that Belinda more than any human being has ever hated any other human being in the history of the world. Stupid, skinny, anemic little cheerleader! If there was a part of my body I could move without unbearable pain, I would beat her with it. Belinda wanted me to work on my triceps. I don't have any triceps! And if you don't want dents in the floor, don't hand me the barbells or anything that weighs more than a sandwich. The treadmill flung me off and I landed on a health and nutrition teacher. Why couldn't it have been someone softer, like the drama coach or the choir director?

SATURDAY

Belinda left a message on my answering machine in her grating, shrilly voice wondering why I did not show up today. Just hearing her made me want to smash the machine with my planner. However, I lacked the strength to even use the TV remote and ended up catching eleven straight hours of the Weather Channel.

SUNDAY

I'm having the Church van pick me up for services today so I can go and thank GOD that this week is over. I will also pray that next year my wife will choose a gift for me that is fun, like a root canal, colonoscopy, or vasectomy.

A father passing by his son's bedroom was astonished to see that his bed was nicely made and everything was picked up. Then he saw an envelope, propped up prominently on the pillow that was addressed to 'Dad.' With the worst premonition he opened the envelope with trembling hands and read the letter.

Dear Dad:

It is with great regret and sorrow that I'm writing you. I had to elope with my new girlfriend because I wanted to avoid a scene with Mom and you. I have been finding real passion with Stacy and she is so nice. But I knew you would not approve of her because of all her piercing, tattoos, tight motorcycle clothes and the fact that she is much older than I am. But it's not only the passion, Dad ,,,, she's pregnant. Stacy said that we will be very happy. She owns a trailer in the woods and has a stack of firewood for the whole winter. We share a dream of having many more children. Stacy has opened my eyes to the fact that marijuana doesn't really hurt anyone. We'll be growing it for ourselves and trading it with the other people that live nearby for cocaine and ecstasy. In the meantime, we will pray that science will find a cure for AIDS so Stacy can get better. She deserves it. Don't worry Dad. I'm 15 and I know how to take care of myself. Someday I'm sure that we will be back to visit so that you can get to know your grandchildren.

Love, Your Son John

PS. Dad, none of the above is true. I'm over at Tommy's house. I Just wanted to remind you that there are worse things in life than a lousy report card like the one in my desk drawer

I love you. Call me when it's safe to come home.

Little Johnny and his family were having Sunday dinner at his grandmother's house. Everyone was seated around the table as the food was being served.

When Little Johnny received his plate, he started to eat right away.

"Johnny, please wait until we say our prayer," said his mother. "I don't need to," the boy replied.

"Of course, you do," his mother insisted. "We always say a prayer before eating at our house."

"That's at our house," Johnny explained. " this is Grandma's house, and she knows how to cook."

Students in an advanced Biology class were taking their final exam. The last question was, 'Name SEVEN advantages of Mother's Milk', worth 70 points or none at all.

One student, in particular, was hard put to think of seven advantages. He wrote:

- 1) It is perfect formula for the child.
- 2) It provides immunity against several diseases.
- 3) It is always the right temperature.
- 4) It is inexpensive.
- 5) It bonds the child to the mother, and vice versa.
- 6) It is always available as needed.

And then the student was stuck. Finally, in desperation, just before the bell rang indicating the end of the test, he wrote:

- 7) It comes in two attractive containers....and the cat can't get it.

He got an A.

THIS WILL BE THE LAST BULLETIN UNTILL THE SEPTEMBER ISSUE. THANK YOU TO ALL WHO CONTRIBUTED WRITE-UPS FOR THE VARIOUS EVENTS AS WELL AS THOSE WHO PROVIDED PHOTOGRAPHS. A SPECIAL THANK YOU TO MY WIFE, ANDREA, FOR PROOF READING EACH ISSUE.

I HOPE EVERYONE HAS A GREAT SUMMER !!!!

Bryan Sherwood – Editor



KEEP THE FUN IN GYRO